

Health and Wellbeing Board

17 October 2018

Report of the Director of Transformation ; NHS Vale of York Clinical Commissioning Group (CCG)

Local Transformation Plan Refresh 2018

Summary

1. The Local Transformation Plan (LTP) is refreshed each year. The draft LTP for 2018/2019 is presented for comment, and authority is requested for the Chair to endorse the final draft prior to submission on 26 October 2018.

Background

2. Future in Mind in 2015 set the direction for the transformation of the emotional and mental support for children and young people. The LTP reflects the aims and ambitions of the local area and describes how it will work collaboratively to achieve those aims.
3. The CCG is accountable to NHS England for the LTP, and receives assurance from NHS England that the LTP is fulfilling the ambitions set out in Future in mind. The assurance statements from NHS England for the Vale of York Transformation Plan have consistently endorsed the ambition for local area planning: in its feedback letter for the 2018 Quarter 1 return, NHSE commented that

‘The information submitted was found to be comprehensive, clearly evidencing key challenges and achievements and demonstrates work is being delivered to address all the Future in Mind recommendations. The panel felt the report clearly identified progress made during Quarter 1 with a clear direction of travel. The panel also noted a number of examples of positive working and achievements:

- Schools Wellbeing Service (SWS)– The panel welcomed the CCG’s commitment to continue recurrent funding of the SWS post-2020 and look forward to seeing the results of the

SWS activity and outcomes data in the October refresh. The panel also noted that the Peer Support Mental Health Champion training had received a very positive evaluation.

- Children and Young People (CTP) Waiting times – The panel noted the one off data collection exercise with NHSE/NHS Digital showed 40% CYP treated. This is well in excess of the national target.
- Additional funding for Child and Adolescent Mental Health Services (CAMHS): £120k recurrent from the CCG and £50K recurrent from Tees, Esk and Wear Valleys NHS Foundation Trust (TEWV)

Main/Key Issues to be Considered

4. Attached to this report are the draft narrative assurance statement and action plans for 2018/2019 (**Annexes 1 and 2**). These set out the achievements both overall since 2015 and in the last year, and the plans for the coming year.
5. In summary, the achievements for the last year include:
 - a. Additional £120K recurrent CCG funding and £50K recurrent TEWV funding into specialist CYPMH services to support the emotional treatment pathway and aligned to priorities jointly identified by the CCG and TEWV.
 - b. In year non-recurrent CCG funding of £90K to increase the number of autism assessments.
 - c. The Well-Being Worker Service in City of York is now well-embedded: 6 workers, jointly funded by the CCG and schools worked with over 300 pupils in 2017/2018 delivering evidence based therapies, advice and information, achieving high satisfaction ratings.
 - d. The Lime Trees Single Point of Access managed over 1900 referrals in the year, and offered every family a 30 minute phone call to discuss concerns and facilitate a decision on whether the child or young person needs a full face to face assessment.

- e. Crisis support team in York, operational from September 2017, working 10am-10pm seven days a week to support children and young people in crisis
 - f. 40% of children and young people received mental health support against the NHS national target of 32%
 - g. Community eating disorder service received parent and patient feedback describing the support received as excellent
 - h. Mental Health Champions trained in 10 secondary schools and colleges.
 - i. Schools workforce development plan for schools in City of York showed all staff increased knowledge, and between 84% and 97% felt more confident in responding to emotional and mental health need.
 - j. The Transforming Care Partnership for children and young people offers new approaches for supporting at risk children and young people. Extension of the City of York FIRST project through the commitment of funding for a new centre of excellence.
6. The focus for 2018/19 is on:
- a. Embedding effective early support across emotional and mental health and autism
 - b. Ensuring that specific tailored support for some very vulnerable children and young people is robustly developed and provided.
 - c. Implementation of mental health and related strategies.
 - d. Reducing CYPMH and autism assessment waiting times
 - e. Operationalising of the Dynamic Support Register for those within the scope of the Transforming Care Partnership
7. The draft LTP is submitted for comment by the Health and Wellbeing Board (HWBB). Members should note that these are working documents, and will continue to evolve to the point of submission as partners provide more information and comments are received.

Consultation

8. The draft LTP has been widely consulted on with colleagues around the local system, and has included discussion at the Strategic Partnership for Emotional and Mental Health. The LTP

also reflects discussion and consultation with children and young people, and feedback from services around the City.

Options

9. The Health and Wellbeing Board is asked to comment on the LTP, and therefore options are not set out.

Analysis

10. The LTP provides the framework for work across the area to ensure that children and young people's emotional and mental well-being is well-supported.

Strategic/Operational Plans

11. The LTP reflects and takes forward:
 - a. NHS Five Year Forward View for Mental Health
 - b. CCG's operational plan priority around mental health
 - c. All-Age Mental Health Strategy
 - d. The Joint Health and Wellbeing Strategy
 - e. All Age Autism Strategy
 - f. SEND Strategy

Implications

12.
 - **Financial:** There are no specific financial implications in delivery of the LTP
 - **Human Resources (HR)** *Not applicable*
 - **Equalities** *Not applicable*
 - **Legal** *Not applicable*
 - **Crime and Disorder** *Not applicable*
 - **Information Technology (IT)** *Not applicable*
 - **Property** *Not applicable*

- **Other:** Good approaches towards promotion of good emotional and mental well-being help reduce the need for more intensive work and interventions, thus ensuring better life outcomes and reducing longer term costs across the public sector.

Risk Management

13. Not applicable

Recommendations

The Health and Well-Being Board is asked to:

- a. Comment on the draft LTP
- b. Authorise the Chair to endorse the final draft prior to submission to NHS England on 26 October 2018.

Contact Details

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**Report
Approved**

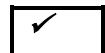


Date 05.10.2018

Specialist Implications Officer(s)

Wards Affected:

All



**For further information please contact the author of the report
Background Papers:**

Annexes

All annexes to the report must be listed here.

1. Draft Local Transformation Plan Narrative 2018/2019
2. Draft Local Transformation Plan Action Plans 2018/2019

Glossary

CCG: Clinical Commissioning Group

CYP: Children and young people

CYPMH: children and young people's mental health

FIRST: Family Intensive Rapid Support Team

LTP: Local Transformation Plan

NHSE: NHS England

SEND: special educational needs and disabilities

TEWV: Tees Esk and Wear Valleys NHS Trust